

HEAD SWIMMING COACH PROFILE – RICHARD SLEIGHT

NAME:	Richard Sleight	
NATIONALITY:	English (my apologies!)	
QUALIFICATIONS:	<p>Bachelor of Education (Honours in Physical Education)</p> <p>Masters in Sports Coaching – Pedagogies, Sports Psychology, Physiology, training elite athletes, developing the elite athlete, nutrition, recovery & talent identification</p> <p>Silver License Swim Coach</p> <p>Strength & Conditioning Level 1</p>	
PREVIOUS COACHING ROLES:	<p>Held a number of swimming and water polo coaching positions in the UK, including head coach for the U14 Middlesex county and England schools U16 water polo teams</p> <p>Sports coach/boarding master/activity organiser at an international school for 1 year in Zug, Switzerland</p> <p>Head swim coach of Clayfield Aquatics Swim Club for 4 years</p> <p>Head Swim Coach of the Ian Thorpe Aquatic Centre in Sydney</p> <p>Work experience with Michael Bohl at St.Peters Western Swim Club</p> <p>Assistant Coach at Brothers Swim Club</p> <p>Brisbane Development Squad Coach</p> <p>Coach on the Junior Flippers Team (national age medallists)</p>	
CAREER HIGHLIGHTS:	<p>Coach of U18 and U14 school water polo national champions</p> <p>Appointed the England U16 schools water polo coach</p> <p>Completion of Masters in Sports Coaching</p> <p>Taking Clayfield Aquatics Swim Club from division 3 into division 1</p> <p>Head Coach of the Albany Creek Swim Club</p>	
GOALS:	<p>To instil an effective long term athlete development pathway at Albany Creek Swim Club that will support both the performance and participation swimmer</p> <p>To educate both the swimmer and parents through workshops</p> <p>To foster a positive, fun, hard working, disciplined culture which will see each individual develop holistically</p>	