



INTERMEDIATE SWIMMING COACH PROFILE – JAN WICKS

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| NAME: | Jan Wicks | |
| NATIONALITY: | Australian | |
| QUALIFICATIONS: | <p>ASCTA SILVER LICENCE 1983 to Date</p> <p>Level 1 Bronze Accreditation 1981</p> <p>Austswim Certificate 1981</p> <p>Masters Swimming Level 1 2003</p> |  |
| PREVIOUS COACHING ROLES: | <p>2008 - Date Albany Creek SC – Intermediate Coach 2005 – 2007 Northern Districts SC – Head Coach 2006 – 2007 Manager of Coaching Services – Qld. Masters Swimming 2000 – 2009 Albany Creek Masters SC – Director of Coaching 1998 – 2002 Wilston State School SC – Head Coach 1994 – 1998 Crescent Lagoon SS ASC (Rockhampton) – Head Coach 1989 – 1994 Independent Coach – Northside Pool, Rockhampton 1985 – 1989 Crescent Lagoon SS ASC (Rockhampton) – Head Coach 1986 – 1989 Rocky Crocs Masters SC – Coach 1984 – 1985 Neil Douglas Swim School – Junior Squad Coach 1983 – 1984 Ringwood ASC (Victoria) – Head Coach 1980 – 1983 Dandenong ASC (Victoria) – Head Coach 1975 – 1980 Nunawading ASC (Victoria) – Advanced Learn to Swim</p> | |
| CAREER HIGHLIGHTS: | <p>Swimmers placing in Age Nationals, States, Primary and Secondary Nationals, Pacific School Games, University Games, State Surf and Para and Special Nationals.</p> <p>Australian Sports Medal 2000</p> <p>World, National and State Records in Masters Swimming</p> <p>Olympic Trials Finalist 1964</p> | |
| GOALS: | <p>Working with young swimmers to improve technique allowing them to train on at a higher level with great personal achievement, free of injury.</p> |  |