

## This Issue

Management Committee New Year Wishes	P.1
Top 10 Finish at State Championship Titles	P.1
State Relay Medalists	P.1
Swimming Australia Men's Distance Camp	P.2
New Zealand Open Water Swimming Championships	P.2
Swimmer Profiles—Rory Scott	P.3
Swimmer Profiles—Isabel Lampre	P.3
Patron's Shield Expression of Interest	P.3
Lost & Misplaced Property	P.4
Parent Membership	P.4
On-Line Survey & Notice of Annual General Meeting	P.4

25 January 2012



Congratulations to our amazing all conquering Boys 12 & Under 200 Medley Relay Gold Medalists and Queensland State Champions incorporating;

- Daniel Jacobsen
- Jack Meincke
- Rory Scott, and
- Brenton Woolf



Our Boys 12& Under 200 m Freestyle Relay Team of;

- Wilson Ellis
- Daniel Jacobsen
- Rory Scott, and
- Brenton Woolf

also claimed a Bronze Medal at the Queensland State Championships.



The Management Committee welcomes all our swimmers and families back from holidays. We wish all members a very Happy New Year for 2012. We extend our best wishes to our swimmers who are due to compete at the Australian Open Water Championships as well as BSA and QLD Swimming competitions.

## Club Claims Top 10 Finish at State Championship Titles

Congratulations to all Swimmers, Parents and Supporters for an outstanding effort at the recent 2011 QLD State Swimming Championships. Of the 110 QLD Swimming clubs competing at these championships we finished in 10th place overall. Behind super clubs such as St Peters Western, Miami and Southport Olympic which all boast numerous Olympians within their ranks.

A special thank-you to our coaches Richard, Jan and Dan for preparing our swimmers so well including the numerous hours spent out at Chandler during the championships. Your efforts are greatly appreciated by all club members.

Congratulations also to **Rowan Crothers**, who broke Matthew Cowdrey's 100m Free record in the S9 Multi Disability classification.

Congratulations to the following swimmers achieving **Gold Medals and State Championship Titles**;

- Josh Richardson - 17-18yrs 1500m Free



- Elise Williams - 11yrs 100m Back
- Elise Williams - 11yrs 200 IM

### Individual Silver Medalists

- Hannah Beighton - 16yrs 100m Breast
- Cameron Joyes - 15yrs 200m Breast
- Logan Maguire - 16yrs 200m Fly



- Rowan Crothers - 400m Free MC
- Cameron Joyes - 15yrs 200m IM
- Brenton Woolf - 12yrs 200m Back

### Individual Bronze Medalists

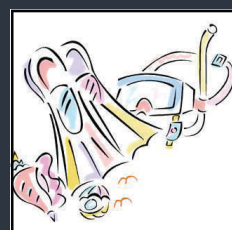
- Rowan Crothers - 100m Fly MC
- Wilson Ellis - 11yrs 200m IM
- Logan Maguire - 16yrs 400m IM
- Elise Williams - 11yrs 100m Free



- Wilson Ellis - 11yrs 100m Fly
- Cameron Joyes - 15yrs 100m Breast
- Karissa Mills - 12yrs 100m Back
- Brenton Woolf - 12yrs 100m Back

## Lost & Misplaced Property

All parents and swimmers are requested to check their swim bags on return from holidays to ensure only their equipment has been placed in their bags including goggles, kickboards, paddles and snorkels. It is appreciated that equipments is placed at the end of the pool during swim lessons and there is always a hurried dash at the end of the lesson to get every back in their bags. Sometimes it is possible that in these events other swimmers equipment can be picked up by mistake and put in the wrong bag. If all parents and swimmers could check on your return to lessons and return any un-owned equipment back to reception. A number of swimmers have had to replace snorkels on more than one occasion. If swimmers have equipment of others and know the swimmers please ensure this is returned.



## Newsletter Articles

If you would like to submit any photographs or articles for inclusion in the newsletter, please send to Les Richardson richlm@hotmail.com.au

## Club Membership for Parents

A reminder to all parents/guardians of swimmers, that at least one parent/guardian should be a member of the swimming club. Membership is free to all parent/guardians of swimmers. If parents have not yet signed on as members this can be done on-line at [www.qld.swimming.org.au](http://www.qld.swimming.org.au). Please select the members portal and choose Albany Creek as the swim club.



**There is no membership fee required for parent members.**

## Notice of On-Line Club Member Survey



All members are advised that commencing from next the club will be conducting a membership survey. The survey is designed to

generate information that will inform our Club's future strategic direction. Our club has many competing demands and issues. Your feedback will assist your club's Management Committee to prioritise objectives and focus. Topics to be covered in the survey include;

1. Performance of the Club's Management Committee
2. Information & content of Club Website and Newsletter
3. Format & Management of Club Nights
4. Club Uniforms



A link to the survey will be emailed to members who will have a two week opportunity to respond with the closing date set for Friday 10th February 2012

## Albany Creek Swim Club Strategic Plan 2011—2015

The Club's Management Committee are pleased to announce the endorsement of the club's 2011—2015 Strategic Plan. The plan identifies a number of key strategic priorities on which to focus over the next few years. Members are encouraged to view the strategic plan which has been published on the club's website at [www.albanycreekswim.com](http://www.albanycreekswim.com).

## Annual General Meeting 29 April 2012



The Annual General Meeting of Albany Creek Swim Club will be held on **29th April 2012**. As a number of committee members have advised they will be standing down from their positions at the end of the season, it is imperative others members consider nominating for Committee positions to ensure the ongoing management of activities relating to the club. The

club has published a Committee Members Roles and Responsibilities Guide to assist members in understanding the purpose of these positions. Alternatively, if members are interested in any committee member positions you are encouraged to contact current Management Committee members.

Further information relating to the Annual General Meeting will be published at a later date. Information relating to Committee Member Roles and Responsibilities can be found under "Documentation" on the clubs website [www.albanycreekswim.com](http://www.albanycreekswim.com)

## Silver Medal New Zealand Open Water Swimming Championships



Congratulations to Club Captain Josh Richardson in claiming the Silver Medal in the Men's 5km Open event at the New Zealand Open Water Swimming Championships held at Lake Taupo in January. Josh performed exceptionally well to claim the silver medal behind New Zealand's Kane Radford after being forced to withdraw from the 10km Open event the day before suffering from Hypothermia in what was considered very cold and choppy conditions.

## Swimming Australian Men's Distance Camp

Congratulations also to Josh in being selected by Swimming Australia to attend a Men's Distance Training Camp being held at the Gold Coast from 22 to 28 January 2012.

Josh will be joined by approx nine other male distance swimmers from around Australia for the week long training camp. This experience will provide selected swimmers with the opportunity to learn from fellow competitors as well as Miami Head Coach Dennis Cotterell and Australian Youth Coach Vince Raleigh. We wish Josh all the very best and congratulate him on his selection.



## Sign up for AMART ALLSPORTS Community Kickbacks Scheme

Amart All Sports have launched a Community kickbacks program that passes rewards back to community clubs. It is open to all registered sporting clubs and rewards members with credits and vouchers for shopping at Amart All Sports.

### HOW IT WORKS

It's super simple, for our club to be part of the program all we have to do is follow these easy steps.

1. Each club member complete an individual application form available at Amart Mitchelton and Strathpine stores nominating Albany Creek Swim as their preferred club or alternatively join the Team Amart online @ [www.amartallsports.com.au](http://www.amartallsports.com.au) and nominate Albany Creek Swim Club as your preferred club. A Team Amart Loyalty Card will be sent to you.
2. Every time our members purchase anything from Amart All Sports, they just have to remember to swipe their Team Amart Loyalty Card.
3. As a Team Amart Loyalty Card Holder you will earn the club 5% of your transaction as in-store credit.
4. Being a Team Amart Loyalty Card holder you will also receive benefits throughout the year, like flash sales, where you can get up to 20% off the entire store or special mates rates only available to Team Amart members.
5. Sign up today to start earning in-store credits for the club.

## UPCOMING CARNIVALS

Competition Date	Nomination Due Date	Event
17th-19th February	1st February 2012	Australian Open Water Championships
18th—19th February	30th January 2012	Brisbane Junior Mets
31st March	6th February 2012	Brisbane Relay Championships
10th—11th March	20th February 2012	Brisbane Senior Mets
25-26th February 2012	13th February 2012	QLD LC Qualifying Meet # 3
15th—22nd March	28th February 2012	Australian Open Swimming Champs
9th—14th April	TBA	Australian Age Swimming Championships
TBA	TBA	ACSC Club Championships

For further information relating to carnivals and BSA/QSA Swim Meets, please refer to the clubs website and associated links.

## Brisbane Swimming Association Patron's Shield Team

Brisbane Swimming Association is calling for nominations from Brisbane Swimmers aged from 9—13 years who may be interested in representing Brisbane North Side in the Patron's Shield which is contested annually between teams from the Darling Downs, Gold Coast and Brisbane.

### Eligibility:

A swimmer must :

- Be a member of a swimming club affiliated with Swimming QLD , in the Brisbane area
- Be 9-13 years old as at 18 March 2012
- Have achieved a JX Silver time in the 2011/2012 season

### Maximum Numbers

- 2 teams of 40 swimmers (20 boys & 20 girls)
- One team from clubs north of the river, one team from clubs south of the river

### Cost

- Nil

### Travel Details

The team will leave the Sleeman Complex at Chandler by bus at approx 7.00 am on Sunday 18 March 2012 and return in the afternoon.

### Please Note

Only complete the expression of interest form if you are eligible fore the team, and available for selection. Selection will take place on Friday 2 March 2012. Swimmers will be notified on Monday 5 March 2012 .

Expression of Interest Forms are available at Brisbane Swimming Association's Website.  
[www.swimmingbrisbane.org.au](http://www.swimmingbrisbane.org.au)

## Swimmer Profiles



Over the next few editions of our club newsletter we would like to profile our senior and junior swimmers. If you would like to have your profile published please forward this to the editor:

### Swimmer Profile—Rory Scott (Junior Club Captain)

#### Do you have a nickname?

- Yes, Rorstar

#### What is your favourite stroke?

- Breaststroke and Freestyle

#### When did you start swimming?

- I started swimming at Ferny Hills when I was 4, joined a bigger squad at 6 and used flippers all the time because all my sisters and brother were in the same squad. I joined Albany Creek Swimming Club when I was 9 and moved into Jan's squad when I was 10

#### What are some of your recent achievements?

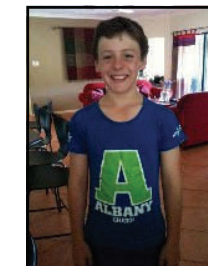
- Getting club captain at ACSC.
- Winning medals at BSA and QSA Short Course Champs.
- Getting a Gold medal in the 4 X 50m Medley Relay and bronze medal in the 4 X 50m Freestyle Relay at QLD State Champs and making 3 state finals.
- Received JX GOLD for the last 4 years.

#### What are your short term goals?

- To qualify for age nationals and to represent Queensland for swimming.

#### Who is your Role Model?

- My sister Aisling....she didn't make Age Nationals till she was 15 and then won 2 national medals at that meet. She keeps trying and never gives up and is little like me.



### Swimmer Profile—Isabel Lampre (Junior Club Captain)

#### What do you enjoy about swimming?

- Being with my friends and having a great time. Plus heart rate sets I do with Jan on Saturdays.

#### What other sport or interests do you have?

- I enjoy playing netball, percussion group and piano and I love reading.

#### Person you most admire and why?

- I admire my Year 6 teacher Mr Brittan because he was the best teacher I ever had. He always had the time to make you feel special and important.

#### What are your short term goals?

- To make finals at Brisbane Junior Mets and to make the Met North Team for school swimming this year.
- To swim my first 400 IM

#### What are some of your recent achievements?

- Making the 100m Butterfly final at the Queensland Swimming Championships 2011.
- Making the finals for the 200IM and 100m Breaststroke at the Queensland Primary School Swimming Championships 2011.
- Brisbane Short Course 2011 silver 100m Freestyle.
- Making the finals for the 200IM, 50m Backstroke at the 2011 Junior Brisbane Metropolitan Championships

