

## ALBANY CREEK SWIM CLUB INC. 2010/2011 – CLUB NIGHT SWIMMING PROGRAMME

DATE	Freestyle	Backstroke	Breaststroke	Butterfly	Special Events
<b>06-Oct-2010</b>	12.5m, 25m & 50m	12.5m, 25m & 50m	12.5m, 25m & 50m	25m & 50m	100m or 200m IM
<b>13-Oct-2010</b>	12.5m, 25m & 50m	12.5m, 25m & 50m	12.5m, 25m & 50m	25m & 50m	400m Freestyle
<b>20-Oct-2010</b>	12.5m, 25m, 50m & 100m	12.5m, 25m & 50m	12.5m, 25m, 50m & 100m	25m & 50m	200m Backstroke
<b>27-Oct-2010</b>	12.5m, 25m & 50m	12.5m, 25m, 50m & 100m	12.5m, 25m & 50m	25m, 50m & 100m	200m Breaststroke
<b>03-Nov 2010</b>	12.5m, 25m, 50m & 100m	12.5m, 25m & 50m	12.5m, 25m, 50m & 100m	25m & 50m	200m Freestyle
<b>10-Nov-2010</b>	12.5m, 25m & 50m	12.5m, 25m, 50m & 100m	12.5m, 25m & 50m	25m, 50m & 100m	100m or 200m IM
<b>17-Nov-2010</b>	12.5m, 25m, 50m & 100m	12.5m, 25m, 50m & 100m	12.5m, 25m, 50m & 100m	25m, 50m & 100m	200m Butterfly
<b>24-Nov-2010</b>	12.5m, 25m, 50m & 100m	12.5m, 25m & 50m	12.5m, 25m, 50m & 100m	25m & 50m	200m Backstroke
<b>01-Dec-2010</b>	12.5m, 25m & 50m	12.5m, 25m, 50m & 100m	12.5m, 25m & 50m	25m, 50m & 100m	200m Breaststroke
<b>08-Dec-2010</b>	Relay Night	Relay Night	Relay Night	Relay Night	Relay Night
 <b>Christmas Holidays - No Club Nights</b> 					
<b>26-Jan-2011</b>	<b>Australia Day Public Holiday - No Club Night</b>				
<b>02-Feb-2011</b>	12.5m, 25m, 50m & 100m	12.5m, 25m & 50m	12.5m, 25m, 50m & 100m	25m & 50m	200m Freestyle
<b>09-Feb-2011</b>	12.5m, 25m & 50m	12.5m, 25m, 50m & 100m	12.5m, 25m & 50m	25m, 50m & 100m	100m or 200m IM
<b>16-Feb-2011</b>	12.5m, 25m, 50m & 100m	12.5m, 25m, 50m & 100m	12.5m, 25m, 50m & 100m	25m, 50m & 100m	200m Butterfly
<b>23-Feb-2011</b>	12.5m, 25m & 50m	12.5m, 25m & 50m	12.5m, 25m & 50m	25m & 50m	400m Freestyle
<b>02-Mar-2011</b>	12.5m, 25m, 50m & 100m	12.5m, 25m & 50m	12.5m, 25m, 50m & 100m	25m & 50m	200m Backstroke
<b>05-Mar-2011</b>	<b>Club Championships</b>				

**Swimmers who participate in Relay Night will receive 5 points.**

Children need to swim qualifying times before they are eligible to swim longer events (25m – 50m and 50m – 100m). No times will be recorded and no points will be awarded to anyone who swims up a distance before they are eligible. Certificates will be presented to children as they graduate from 12.5m to 25m, 25m – 50m and 50m – 100m. Qualifying times can be found on the Club Night Record Sheet.